



A Youth Community Needs Project



What Is Thrive?

THRIVE is a committee of 13-18 years old hosted by Mississippi Mills Youth Centre and funded by the Municipality of Mississippi Mills.

- **The goals of this committee:**

- is to empower youth voices.
- Assess what youth in Mississippi mills need to thrive.
- Supporting youth today creates a stronger, more resilient community tomorrow.
- Create and distribute a survey to gather information from youth on a larger scale.
- Engage youth in civic participation in a fun and welcoming setting.
- Present survey and workshop findings to the town council and looking towards next steps.



Community & Youth

- **Youth are the future of Mississippi Mills and their engagement is essential for the growth of our community**
- **By engaging youth through initiatives like THRIVE, we are able to directly contribute to shaping policies and resources that address our needs**
- **Empowering youth to share their voices and ideas can help us create a stronger, more connected community with better outcomes for everyone.**
- **The focus of THRIVE is to put a spotlight on youth from the ages 9–18 to see what they need to thrive.**



Identifying community needs (workshop)

THRIVE Held its WorkShop Next Gen leaders on November 17th, hosted at the John Levi Community Centre.



The Goals of Next Gen Leaders

- Encourage Youth Leadership
 - Develop Practical Skills
 - Promote Civic Engagement
 - Build Confidence and Initiative
- Asses the needs of youth in Mississippi Mills



What did youth think of their town?

Major Positive Impressions

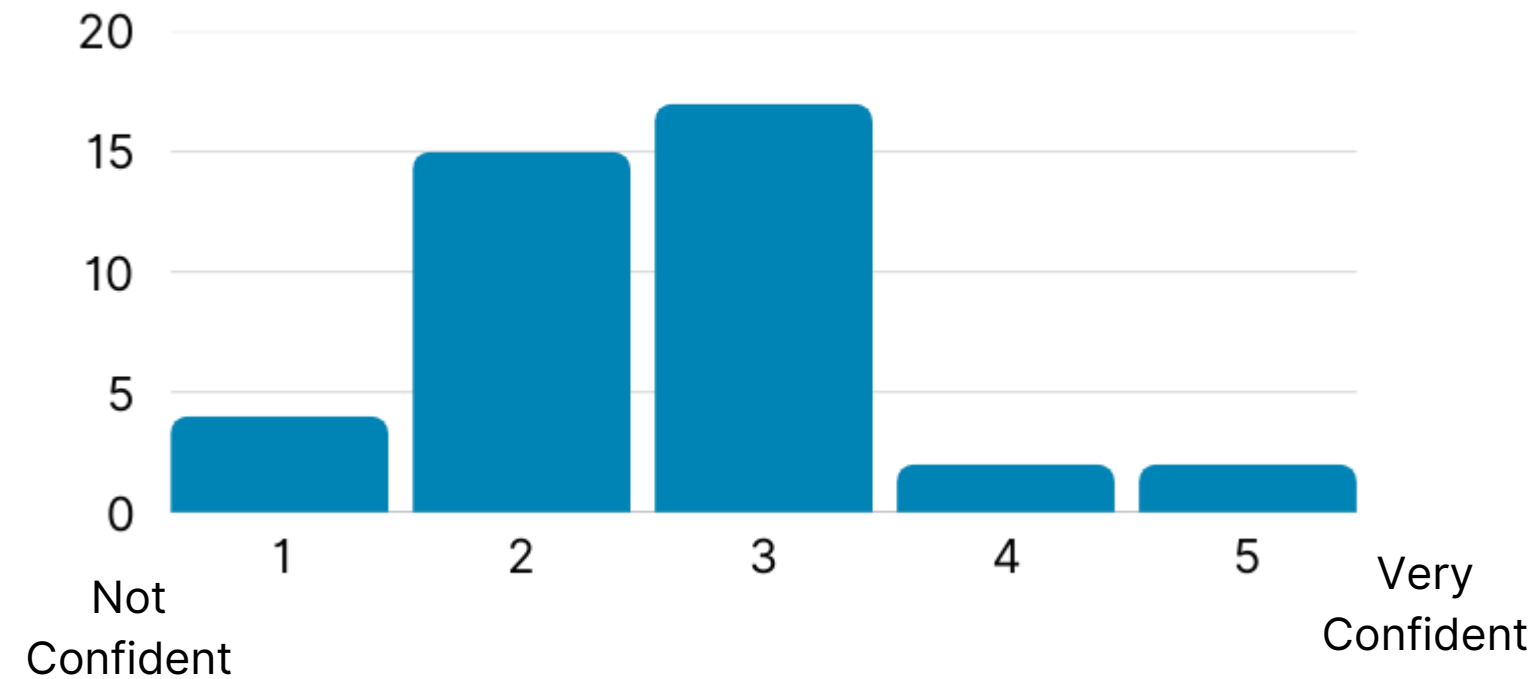
Welcoming Adults
Green Spaces
Safety and Security

Major Negative Impressions

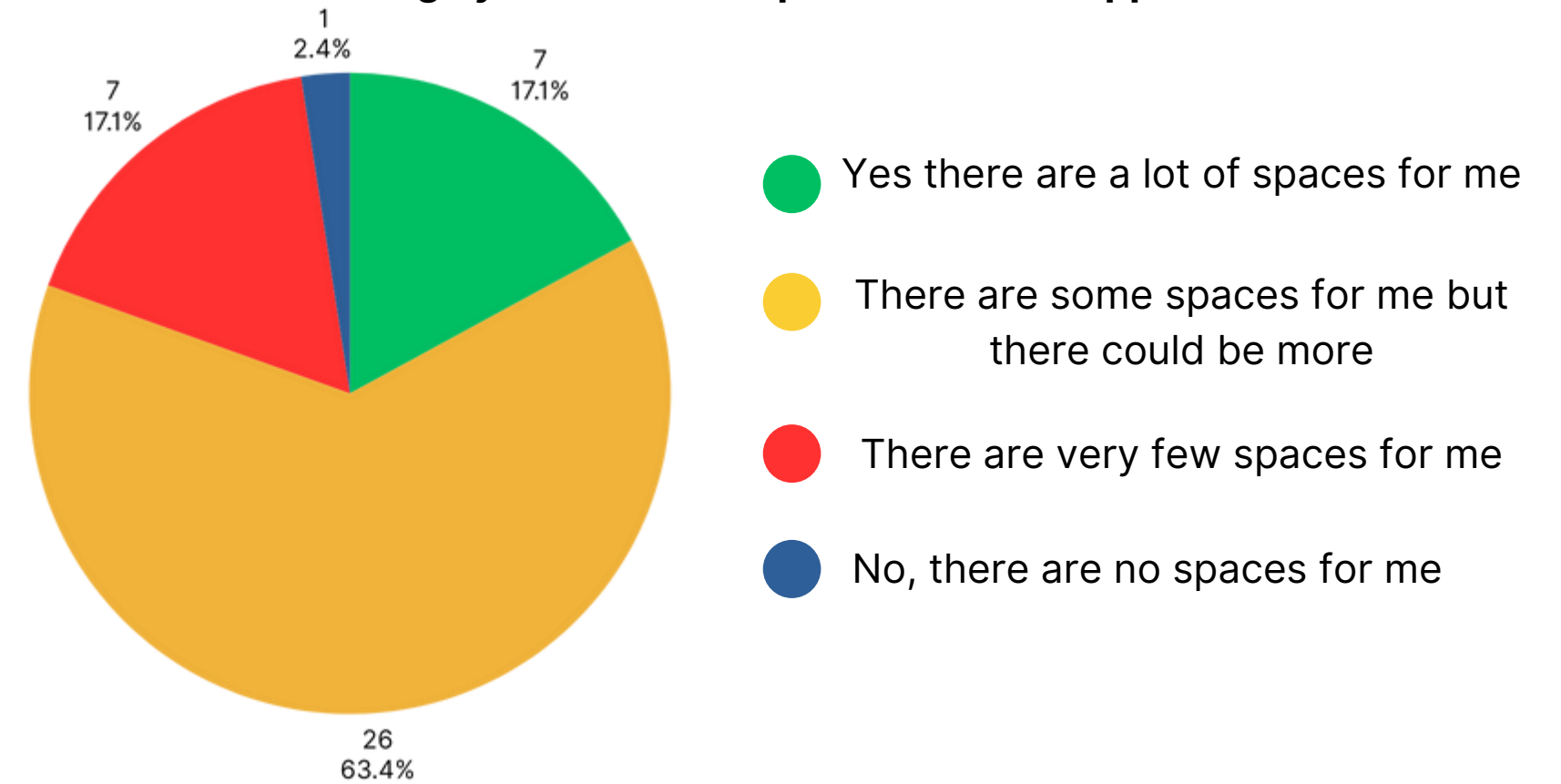
Pollution and Littering
Youth Substance User
Lack of Resources and Information

Youth Voices: Key Survey results

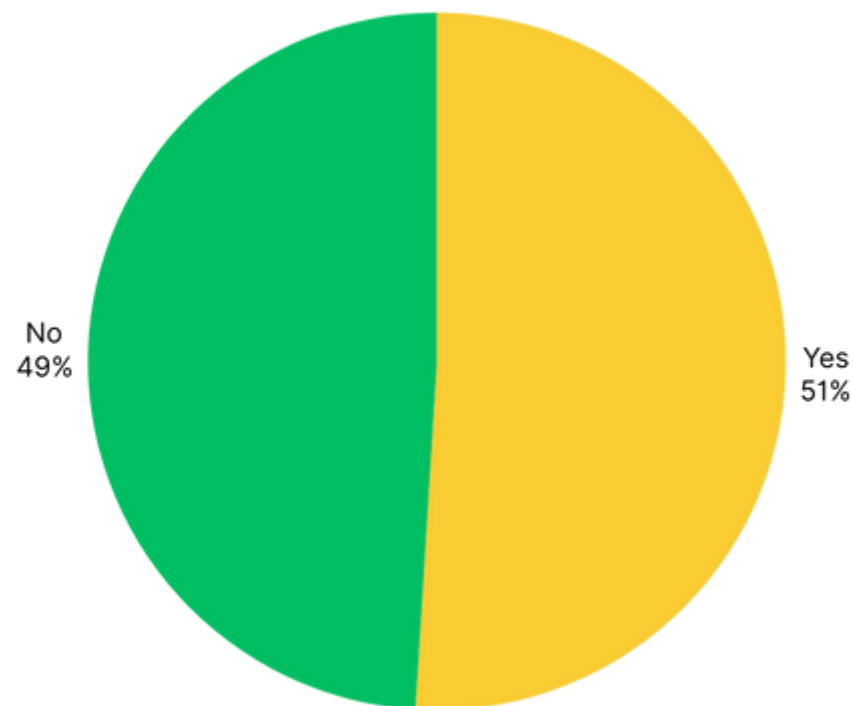
If you or a friend was struggling with mental health, how confident are you in the resources available in Mississippi Mills?



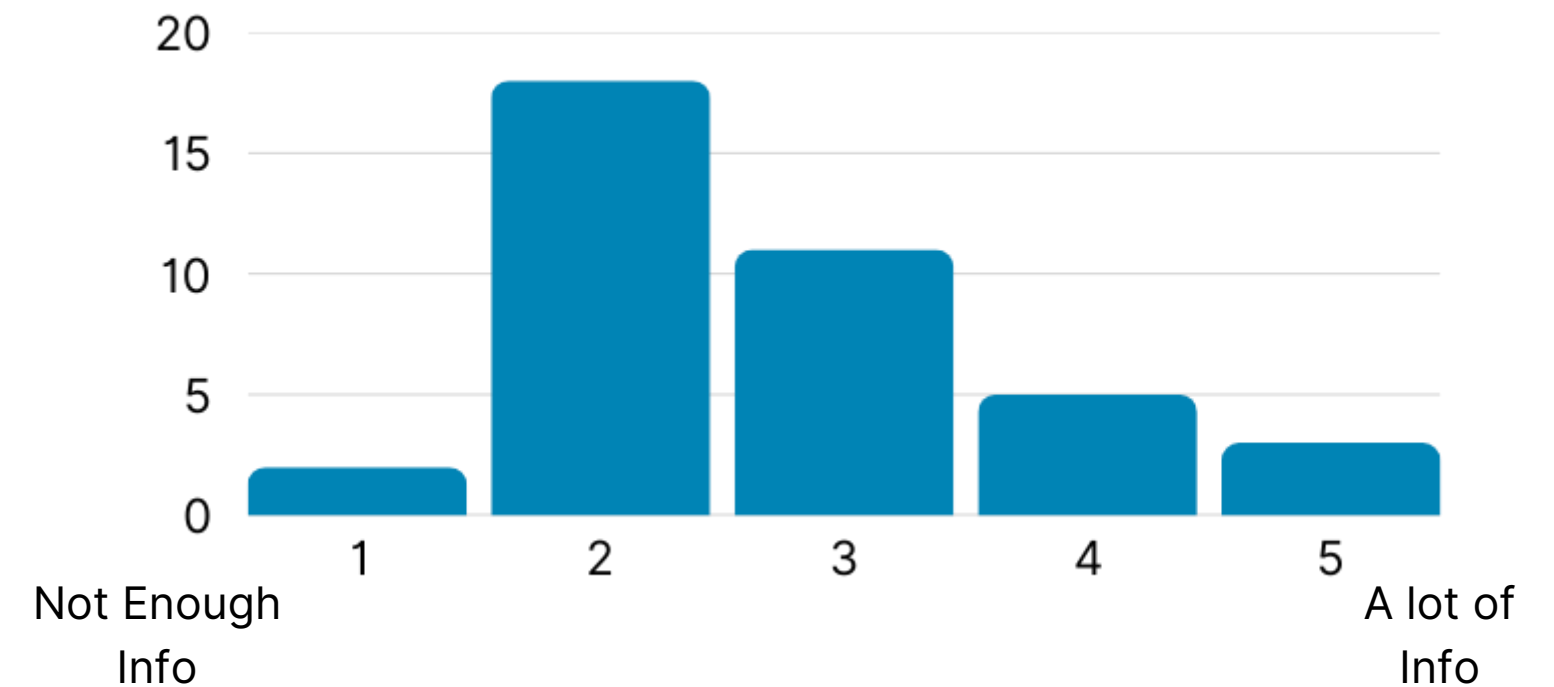
Do you think there are enough youth centred spaces in Mississippi Mills?



Number of youth who could name a resource for helping a peer with substance youth.



Is there enough information that you can access about local events and resources for youth?



What Youth Need To Thrive In Mississippi Mills

- **More Youth Spaces:**

For youth to thrive, there is a need for more dedicated spaces where we can gather, socialize, and engage in activities that support personal growth.

- **Increased Awareness of Resources:**

For youth to thrive, we need clear and accessible information about where to find support services, helping us connect to the resources we need.

- **Access to Substance Use Support:**

For youth to thrive, there is a need for easy access to education and resources for substance use support, ensuring we know where to turn for help when needed.

- **Mental Health Support:**

For youth to thrive, mental health resources need to be more visible and accessible, creating a supportive environment where youth feel comfortable seeking help.

What's Next?

